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REFLECTION

Young females and its problems towards their appearances and how society sees them. Therefore I shared an instagram post to spread throughout social media that women shouldn't feel alone and should be brought positivity in accepting who they are and not what the standards that the society has created. Also wrote a personal essay for the magazine, where women are able to read from someone's perspective who also is struggling with appearances, insecurities, and throughout society negatively influencing standards. These are ways for women to realize that it's normal to feel like you aren't part of the standards because you shouldn't be a part of it. Some of the meaningful insights I've gained in this module is being able to talk about something we are passionate about such as talking about a rhetorical situation. Giving us the freedom to talk about and make our point. In what way will this module's assignment help me to achieve a more in depth understanding of a rhetorical situation, because I didn't know much about it at first. A writing style and a situation I've found to be more suitable for me is a more personal writing because I'm a pretty emotional person so writing something based on myself and telling it to others, is a lot more of my style. However it's also difficult because throughout my process it's sometimes too personal but I wanted to make a point and tell my story to reach young females.

2 GENRES

PERSONAL ESSAY (MAGAZINE)

5 years old. Was when I started to develop such pessimistic thoughts. I always question myself, how did I get like this at such a young age. First it was bullying. Being made fun of like being called fat by these random people. That wasn't the end of it because my own family also calls me fat. If you were to ever live in an Asian household, your appearances and the way you do certain things will always be judged by your elders. This is just a fact. The fact that it added more to my low self esteem as a child.

I live in a household where we are always misunderstood by each other. Created by this atmosphere of hate and chaos. Due to communication. I've hated myself more because of all the nonsense that kept on telling me how I wasn't good enough. It kept on developing more throughout my school life. I was taken advantage of because of how weak minded I was. Considered as the easiest target because I wasn't seen as most girls. I've come to realize that I'm not your typical girl that everyone would expect. From all the bullying and add ons to insecurities, it's made it harder for me to accept that I'm the way that I am. Such as the word "fat." It has been my enemy. For that reason is the reason why my health is so unhappy. To be that girl, I would then starve myself. Throughout highschool until now because it's a habit and a mentality that I have where my brain tells me repeatedly that I will always be fat. When in reality I was normal. I could list many things that I hate about my appearances and that clearly shows that I have multiple insecurities. Starting with I have a crooked face and whenever people would ever look at me I would look down. Shameful of my own beauty due to how standards have taken over my thoughts. Being shamed at by a constant stare. Another would be my fat rolls, everytime I wear something that'll reveal my fat rolls then I would close myself in with all the overthinking that clouds my mind. Little things just come when insecurities take over everything. These are the types of frights that young females also have.

Society has made females believe that we have to be a certain way but in reality we don't. However, insecurities kick in. As much as I would want to accept myself for who I am, I couldn't. It's the high standards that make a woman a specific stereotype. Speaking as being the "perfect" female for other females to want to admire and also for society to pick individually to show off. Therefore, time. That's all you need. Speaking for all young females that are like me. You are perfect. Perfect to the point that no one can say anything. It takes time, time for yourself to accept who you really are. Surround yourself with people that will accept you for who you are. But you should always come first.

INSTAGRAM SOCIAL MEDIA POST
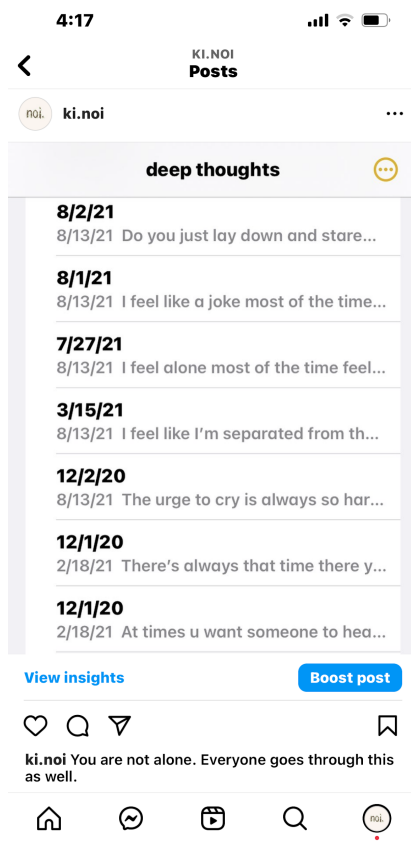
RATIONAL

      Young females shouldn't be discouraged by their appearances. It's the learning of accepting themselves and giving up on the idea of being the society's standards. Having a better perspective from a young female's eyes throughout her life in struggling to accept herself and how it's still a problem. However, based on realization of acceptances and time, it'll help the process of how little the society's standards are against yourself. How standards is something negativity affecting everyone's mindset mentally, physically, and spiritually. Therefore a personal essay seemed like the best option because it's personal and to show how young females aren't alone and how everyone feels like this way as well. It's just based on a process where young females need to accept themselves more for who they are. Based on social media platforms, it's best to share thoughts and ideas because throughout time it'll reach multiple people that'll then share it to others. I wanted to share that people go through these feelings and it's best to write down how you feel and to encourage young females to write down their feelings. I feel as if people should share more things personally because it helps others feel like they're being taken in by a person's perspective. All I say is to tell young females that they aren't alone. Most of the time social media spreads negatively and even when I post something that brings negative energy such as my writing. However it's a way for people to see that turning something negative can help with becoming a better you.